

Physical Education 7 - 9

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Outcomes:

Learners will implement:

- Social emotional learning strategies
- Motivation principles
- Safety and risk management practices
- Fundamental skill development
- Effective strategies, tactics and/or movement concepts

While participating in rhythmic movement, educational gymnastics, outdoor experiences, sports, games, and activities.

Students will work towards becoming competent in:

- Critical Thinking
- Citizenship
- Communication
- Creativity and Innovation
- Personal and Career Development

Nova Scotia Curriculum:

For more information around curriculum and outcomes please visit: <https://curriculum.novascotia.ca/english-programs/>

Assessment:

The following is a list of assessment strategies that **may** be used by the physical education teacher to assess a student's progress. A combination of these assessments

creates a balanced and fair approach when assessing each student.

- **Observations of oral activities/cooperative activities**
- **Checklists**
- **Presentations**
- **Conferences**
- **Debates**
- **Rubrics – specific criteria that are set for an activity against which a student's work will be measured.**
- **Presentations**
- **Performance – dance and gymnastic routines.**
- **Peer/Self Evaluation – students assessing their own, or each other's work using clear guidelines.**
- **Observation/Anecdotal Records/Checklist – Specific checklist or a simple note in a teacher plan book.**
- **Portfolios – a collection of selected work that portrays a student's effort, progress, and achievement over a period of time.**

NOTE: If there is a need for communication between the PE teachers and home, teachers will typically use one of the following methods.

- **Emails**
- **Phone calls**
- **Notes home**

Expectations:

Students are expected to arrive with a positive attitude each day towards what we are doing in class. It is understood that students may not enjoy all class activities, but they are expected to be open and try their best.

Students are expected to respect themselves, others, and the learning environment while participating in a way that is safe and effective.

For their own comfort and safety, it is expected that students wear proper footwear (sneakers) and appropriate athletic clothing during physical education classes. Failure to be prepared on time at the start of class will impact student's learning.

Any incidence of poor sportsmanship, bullying, racism, sexism, or homophobia will not be tolerated in class. There will be appropriate consequences to follow these actions.

NOTE: Students **are not permitted** to have **cell phones** out during Physical Education class. **UNLESS** told otherwise by the teacher when usage could benefit classwork. They are a distraction and can cause individuals to become uncomfortable while participating in physical activities.